



Lindow Community Primary School

School Policies

Control Sheet

Policy: **Relationships and Sex Education and Health Education Policy**

Policy Type: **Statutory**

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Owner: **Headteacher**

Approved by: **Governing Body**

Reviewed: **Annually**

Policy: Relationships and Sex Education and Health Education (RSE)

1. Introduction

We are committed to providing the best education possible for all our children, developing well-rounded and confident individuals who are ready for the next stage in their education. In order to prepare our children for the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships.

Alongside our Lindow Life Skills curriculum, RSE will support our pupils to develop the age appropriate capacity to make sound decisions when facing risks and challenges. It will encourage them to develop resilience, to know how and when to ask for help, and to know where to access support. The RSE curriculum takes into consideration aspirations, activity and provision that can support progress towards the [Preparation for Adulthood outcomes](#).

This policy has been developed in consultation with parents, governors and teachers.

2. Legal Requirement

The Education Act 2002 sets out the statutory duties which all schools are required to meet: 'Every state-funded school must offer a curriculum which is balanced and broadly based and which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life'

The statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education can be viewed [here](#):

- Relationships Education is compulsory in all primary schools
- Health Education is compulsory in all primary schools

Sex Education is not compulsory in primary schools but forms a part of the Lindow Curriculum (see below).

3. Teaching and Learning

Relationships Education and Health Education will be taught by the class teacher using the Christopher Winter Project resource which is designed to be used in Reception through to Year 6. Using the resource, core knowledge is broken down into units of manageable size and communicated clearly to pupils, in a carefully sequenced way, within a planned programme or lessons. Teaching will include sufficient well-chosen opportunities and contexts for pupils to embed new knowledge so that it can be used confidently in real life situations. Alongside CWP the school will use a range of carefully selected picture books from the 'No Outsiders' resource. The picture books support lessons key to Relationships Education through a programme that promotes the ethos of inclusion and tolerance, and aims to prepare children for modern life in Britain.

The subject leads for related curriculum topics such as Citizenship, Science, Computing, PE and Lindow Life Skills have worked together to ensure that content is not being duplicated and also the SENCO and Resource Base lead to ensure that all pupils, including the most disadvantaged and those with (SEND) or high needs, are able to access the curriculum.

4. Assessment

At the start of each unit of lessons, teachers carry out a basic needs assessment with their class in order to identify an appropriate curriculum for the group. This is particularly relevant in Year 5 and 6, where some children will have already started puberty and therefore may need more targeted information to address specific issues. Teachers will also consider other issues such as: the gender balance in the class, ethnic origin and cultural values, literacy levels, learning styles, language skills and other special educational needs.

5. Sex Education

The Department for Education continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. Lindow Primary School uses the Christopher Winter Scheme of work alongside our own Lindow Life Skills Curriculum to ensure that both boys and girls are prepared for the changes that adolescence brings (drawing on knowledge of the human life cycle set out in the national curriculum for science) In addition to statutory science and the new statutory Relationships and Health Education we will be delivering two lessons in year 6 which go beyond the science curriculum and look in more detail at how a baby is made. We feel these lessons are important as they address many of the questions that children have and are taught in the context of healthy adult relationships. At the parent meeting for year 6 we will make clear which lessons sit within sex education and outline the parents' /carers' right to excuse their child from these lessons (see below).

5.1 The 'right to excuse'

In Year 5 and Year 6, school will invite parents to review the materials and aims of the lessons that form part of school's Health, Relationships and Sex Education. We will communicate what will be taught and when. Parents have the 'right to excuse' their child from lessons in Sex Education that are in addition to statutory Relationships Education and Health Education unless it forms part of the science national curriculum. It is hoped that by sharing the resources and content, parents will feel reassured and all children will be included.

5.2 SEND

RSE is a particularly important subject for some pupils; for example, those with Social, Emotional and Mental Health needs or learning disabilities. The content of the curriculum will be made accessible and personalised to all pupils which may mean that at times differentiated resources or support (e.g. signing) may be required. There may also be a need to tailor content and teaching to meet the specific needs of pupils at different developmental stages outside of their cohort. As with Lindow's philosophy for all subjects, teachers will ensure that their teaching is sensitive, age-appropriate and developmentally appropriate.

In developing this policy, School has taken into into consideration the 'Preparing for Adulthood' outcomes from the SEND code of practice.

6. Being an Inclusive School

Lindow Community Primary School will comply with the relevant provisions of the Equality Act 2010 for schools:

- An acceptance that different faiths and beliefs should be tolerated and not be the cause for prejudicial or discriminatory behaviour.
- The school has duties under the Equalities Act, British Values, and the Ofsted framework and must reflect British Law.
- Children are growing up in a diverse world and will need to be able to work, live and play with people from all backgrounds
- Some pupils and staff may identify as LGBT+
- Families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures.
- Some children may have a different structure of support around them (for example: looked after children or young carers)

7. Disseminating and Monitoring the RSE Policy

A copy of this policy is supplied to all staff and governors and included within the staff handbook. A full copy is published on the school website and is available to parents and others on request.

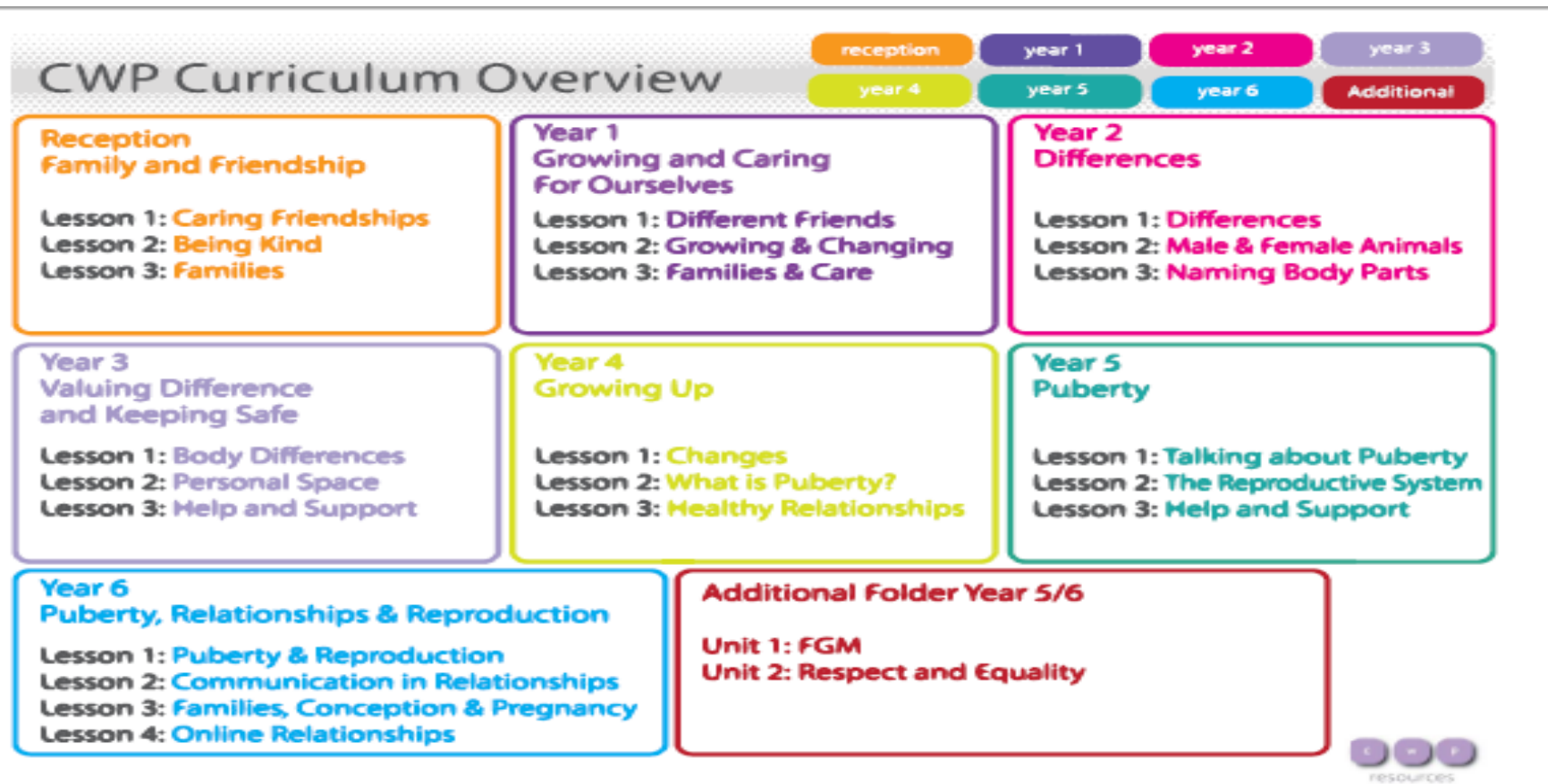
The guidance should be read in conjunction with:

- [*Keeping Children Safe in Education \(statutory guidance\) \(2019\)*](#)
- [*Respectful School Communities: Self Review and Signposting Tool \(a tool to support a whole school approach that promotes respect and discipline\) \(2018\)*](#)
- [*Behaviour and Discipline in Schools \(advice for schools, including advice for appropriate behaviour between pupils\) \(2016\)*](#)
- [*Equality Act 2010 and schools \(2010\)*](#)
- [*SEND code of practice: 0 to 25 years \(statutory guidance\) \(2015\)*](#)
- [*Alternative Provision \(statutory guidance\) \(2013 – updated 2016\)*](#)
- [*Mental Health and Behaviour in Schools \(advice for schools\) \(2018\)*](#)
- [*Preventing and Tackling Bullying \(advice for schools, including advice on cyberbullying\) \(2017\)*](#)
- [*Sexual violence and sexual harassment between children in schools \(advice for schools\) \(2018\)*](#)

- *[The Equality and Human Rights Commission Advice and Guidance](#) (provides advice on avoiding discrimination in a variety of educational contexts)*
- *[Promoting Fundamental British Values as part of SMSC in schools](#) (guidance for maintained schools on promoting basic important British values as part of pupils' spiritual, moral, social and cultural (SMSC) (2014))*

Appendix 1

Subject content and progression



Appendix 2

Parent form for excusal from Sex Education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for excusing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

