

## **Long Term Progression in Lindow Life Skills Overview 2021-2022**

To see how Lindow Life Skills will be taught to each year group at Lindow Community Primary School in 2021/22 please click on the appropriate button.



## Christopher Winter Project – Relationship and Sex Education Programme - Reception to Year 6 Summer 1

## NO – No Outsiders –Inclusive Programme - Half termly Reception to Year 6

			Reception			
Term & theme	Autumn 1 Run, run as fast as you can	Autumn 2 Anteater Antics	Spring 1 Naughty Bus	Spring 2 The Journey Home	Summer 1 Silly Doggy and Naughty Kitty	Summer 2 Superheroes to the Rescue
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions
British Value	Values of democracy (voting process school council)	Mutual respect and tolerance of those with different faiths and beliefs	The rule of law		Individual liberty	
No Outsiders lesson	You Choose	Red Rockets and Rainbow Jelly	Hello Hello	The Family Book	Mommy, Mama and Me	Blue Chameleon
Prior knowledge						
Prior skills						
Key vocabulary	Persevere	Community	Teamwork	Independence Estimate	Rehydrate	Healthy Hygiene
Statements from the 2020 Development Matters	Further develop the skills they need to manage the school day successfully: - lining up and queuing - mealtimes - personal hygiene	Talk about members of their immediate family and community. Name and describe people who are familiar to them. Recognise that people have different beliefs and celebrate special times in different ways.	Show resilience and perseverance in the face of challenge.  Use talk to help work out problems and organise thinking and activities,  Identify and moderate their own feelings socially and emotionally.	Explain how things work and why they might happen.  Seeing themselves as a valuable individual. Develop social phrases.	Build constructive and respectful relationships. Express their feelings and consider the feelings of others.	Manage their own needs.  Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating - toothbrushing - sensible amounts of 'screen time'

			Think about the perspectives of others.			- agood sleep routine - being a safe pedestrian
Statutory and non Requirements (PSHE, RSE and LLS)	NO - I can choose what I like To choose the resources needed for chosen activities	NO - It's OK to like different things To work as part of a group or class and understand or follow the rules. To adjust behaviour to different situations and take changes of routine in my stride.	NO - To say hello To play co-operatively, taking turns with others.	NO - All families are different To develop the responsibility of looking after myself: my belongings and my environment.	NO - To celebrate my family To show sensitivity to others needs and feelings. Caring Friendships: To recognise the importance of friendship Being Kind To recognise the importance of saying sorry and forgiveness Families: To recognise that all families are different	NO - To say when I do or don't need help. To make a new friend
Skills covered	Children further develop skills in lining up and queuing - mealtimes - personal hygiene  When given an instruction for a known and familiar activity. Children can choose 3 appropriate resources with minimal adult support. E.g. wellies, coat and clipboard.	Explain why we have rules when we live and work in a community Understand school behaviour sanctions and rewards	Children can begin to identify and moderate their own feelings.  They can use talk to help work out problems during activities and games	Recognise the materials of paper and cardboard in the classroom. Identifying where the recycling boxes and litter bins in the school environment.	Talk about members of their immediate family and community.  Name and describe people who are familiar to them Role play friendship situations to make others feel welcome. Build a bank of ideas to show the different ways that we can say sorry. Record and carry out different jobs at home that have hepled my family.	Children can know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating being a safe pedestrian

	I have developed the skills I need for lining up and mealtimes and I can <b>choose</b> 3 things I need for an outdoor activity e.g. Welly Wednesday	I can work as part of a group or class and understand and follow the rules. e.g. I can name three classroom rules and follow them.	I can play turn taking games and work well in a team situation.	I can be responsible for looking after myself: my belongings and my environment. e.g. I know that litter should go into the bin and paper should go in the recycling box.	<ol> <li>can name some ways that we can make new friends feel welcome</li> <li>I know different ways that I can say sorry.</li> <li>Identify different members of the family Say how family members can help each other</li> </ol>	Manage their own needs. Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating - toothbrushing - sensible amounts of 'screen time' - having a good sleep routine - being a safe pedestrian
Enrichment	Welly Wednesday		Den building with Dads.			

			Year One			
Term & theme	All Around Us.	Once Upon a Time	Take a walk on the Wild Side!	What would you put in your own museum?	Where would you travel to?	Exciting Discoveries!
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions
British Value	Values of democracy (voting process school council)	Mutual respect and tolerance of those with different faiths and beliefs	The rule of law		Individual liberty	
No Outsiders lesson	Elmer	Going to the Volcano	Want to Play Trucks?	Hair, It's a Family Affair	My World, Your World	Errol's Garden
Prior knowledge	Children can choose 3 things I need for an outdoor activity e.g. Welly Wednesday	Children can name 3 school rules	I can play turn taking games and work well in a team situation.	Children know that litter should go into the bin and paper should go in the recycling box	Children can welcome others, say sorry and know how to be helpful at home.	Children understand basic hygiene rules to stay healthy
Prior skills	Children further develop skills in lining up and queuing - mealtimes - personal hygiene When given an instruction for a known and familiar activity. Children can collect 3 appropriate resources with minimal adult support. E.g. wellies, coat and clipboard.	Explain why we have rules when we live and work in a community Understand school behaviour sanctions and rewards	I can play turn taking games and work well in a team situation.	I know the different materials of paper and cardboard. I can identify where litter bins and recycling bins are within the school environment.	Know 3 ways we could welcome new people into the classroom. Know how to say sorry so that we can all feel better. Name 3 things that I can do at home to help my family	Wash hands and use the toilet independently Children can be ask for help when they need equipment or suppor from another adult Children know how to be a road safety hero
Key vocabulary	Seasons (Spring, Summer, Autumn, Winter) Organisation	Co-operation Village Town City	River Valley		Considerate	Independent

Statutory and non	NO - To like the way I	NO - To work as part	NO - To find ways to	NO - To be proud to be	NO - To share the	NO - Different Friends
Statutory and non Requirements (PSHE, RSE and LLS)	NO - To like the way I am To select resources independently to support me through the school day e.g.	NO - To work as part of a school community and understand the needs of others in my community.	NO - To find ways to play turn taking games together independently To understand what is fair and unfair and what is right and wrong.	NO - To be proud to be me To have the responsibility of looking after myself, my belongings and my environment.	NO - To share the world with lots of people To recognise and name a wide range of feelings in myself and others, e.g. worried, anxious, joyful 1. Different Friends To understand that we are all different but can still be friends 2. Growing and Changing To discuss how children grow and change 3. Families and Care To explore different types of families and who to ask for help. To	NO - Different Friends
Skills covered	Children can select resources required during a normal school day e.g. phonics mats, number squares, toys, home time belongings. After discussion with the teacher, they can decide on appropriate clothing for playtime or other activities e.g. dance	Children learn the basic needs of 'others' (birds) in their community including the need for food, water, shelter and our role in supporting this	To find ways to play more complex games together following simple rules To understand what is meant by the terms 'fair' and 'unfair' To define independence as take ownership of your behaviour, belongings and actions. and cooperation as to take turns and	Children learn the value of personal target setting. To know some ways to keep healthy (mind, diet, exercise, diet, sleep) To understand why setting a personal target develops responsibility my own improvement.	identify who can help when families make us feel unhappy or unsafe  1. To name 3 ways we can be different from our friends.  2. To name something that I can do now that I couldn't do when I was a baby.  3. To know who I could go to if I needed help.	Children use the NSPCC resources to 'talk PANTS' Use PANTS rules to understand how rules are made to keep us safe. Children can think of their own rules to keep themselves safe.

			work well with other			
			people.			
<b>End Point</b>	I know what special	I can work as part of a	I understand what is	To have the	I can think of 2 things	I can name 2
	clothes I would need	school community and	fair and unfair and	responsibility of	to help a person who	classroom rules.
	on a trip to the park.	understand the needs	what is right and	looking after myself,	is sad.	
		of others in my	wrong. E.g. I can	my belongings and my	1. Know that we can	
		community e.g.	define independence	environment.	be friends with people	
		I can name 3 things to	and co-operation	E.g I know what my PE	who are different to us	
		encourage more birds		target is.	2. Understand that	
		in my garden.			babies need care and	
					support Know that	
					older children can do	
					more by themselves	
					3. Know there are	
					different types of	
					families. Know which	
					people we can ask for	
					help	
Enrichment		RSPB Birdwatch	· · · · · · · · · · · · · · · · · · ·			

			Year Two			
Term & theme	This is Me!	Fighting Fears	Incredible Inventions	Discoveries	We are a Community Hero!	Local Explorers
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions
British Value	Values of democracy (voting process school council)	Mutual respect and tolerance of those with different faiths and beliefs (See RE curriculum with focus on Islam)	The rule of law		Individual liberty	
No Outsiders lesson	Can I Join Your Club?	How to Be a Lion	The Great Big Book of Families	Amazing	What the Jackdaw Saw	All are Welcome
Prior knowledge	Different activities require different resources to be prepared. Different seasons require appropriate clothing	I can name 3 things to encourage more birds in my garden.	Children define independence as take ownership of your behaviour, belongings and actions. and cooperation as to take turns and work well with other people.	I know how to set a smart target to keep me fit and healthy. I know how to monitor my progress towards achieving my target.	1. Know that we can be friends with people who are different to us 2. Understand that babies need care and support Know that older children can do more by themselves 3. Know there are different types of families Know which people we can ask for help	Children know the school rules and can explain how the rules keep them safe. Children know the NSPCC PANTS rules
Prior skills	Children can select resources required during a normal school day After discussion with the teacher, they can decide on appropriate clothing for the next activity	Children know how to provide for the basic needs of wild birds	To find ways to play more complex games together following simple rules To understand what is meant by the terms 'fair' and 'unfair'	Children learn the value of personal target setting. Children know some ways to keep healthy (mind, diet, exercise, diet, sleep) Children understand why setting a personal target develops	To name 3 ways we can be different from our friends. To name something that I can do now that I couldn't do when I was a baby. To know who I could go to if I needed help.	Use PANTS rules to understand how rules are made to keep us safe. Children can think of their own classroom rules to keep themselves safe.

Key vocabulary	Resilient	Community	Co-operative	responsibility my own improvement.  Responsible		Independent
	Respectful	Citizen	Inquisitive Local/global Persistent			
Statutory and non Requirements (PSHE, RSE and LLS)	NO - To welcome different people To make real life choices independently to become an organised child, e.g. remembering PE kit, lunchbox, reading book.	NO - To have self confidence To understand and work within charities/initiatives in the local community.	NO - To resolve simple conflicts co-operatively.	NO - To develop my own rules for a safe and happy learning environment. To have the responsibility of looking after myself, my belongings and my environment and the value of it all.	NO - To communicate in diverse ways Differences To introduce the concept of gender stereotypes. To identify differences between males and females Male and Female Animals To explore some of the differences between males and females and to understand how this is part of the lifecycle Naming Body Parts To focus on sexual difference and name body parts	Differences NO - To understand the consequences of the decisions that I make, e.g. keeping safe: road safety, e-safety. To make healthy lifestyle choices.
Skills covered	Children can make independent real life choices about packing their school bag e.g. They can pack their homework on a Wednesday or their LLS passport on a Friday	Children learn about a local initiative (Transition Wilmslow) and the role that this group plays. Children visit the community garden and learn benefits of 'grow your own' to support local	Using social stories, children learn to resolve simple conflicts co- operatively. Children transfer model of social stories to resolve real life conflict in the	Children learn how to fold and store their uniform during PE lessons. Children develop a pride in their own equipment and understand the value of looking after it.	To describe a physical difference between males and females but explain 3 things that can be similar.  To use words like udders, teats and privates to describe the differences	Children use CBeebies and Bitesize videos to learn how to cross a road safely. In science children learn how germs are spread and how to prevent the spread of germs.

End Point	To make real life	community and protect the environment	classroom and playground  To resolve simple	Children keep their class environment hazard free by storing everything in its correct place. Children know how to conduct themselves safely in the event of a fire alarm. To develop my own	between male and female animals. Name the different a part of the female and male body including testicle penis, nipple and vulva.	Children learn how to prevent the spread of COVID
Enu Point	choices independently to become an organised child, e.g., remembering PE kit, lunchbox, reading book. e.g., Can I name things that I have to remember to bring to school on a Wednesday?	work within charities/initiatives in the local community. E.g. Can I name three things I can do that will help my local environment?	conflicts co- operatively. e.g. Can I name two solutions to solve the problem when your friend has just said that you can't play their game because you want to be the leader and they are already the leader?	rules for a safe and happy learning environment. To have the responsibility of looking after myself, my belongings and my environment and the value of it all.e.g. Can I write three rules that will keep me and everybody else safe in school?	people have fixed ideas about what boys and girls can do Describe the difference between male and female babies Describe some differences between male and female animals Understand that making a new life needs a male and a female Describe the physical differences between males and females Name the different body parts	consequences of the decisions that I make, e.g. keeping safe: road safety, e-safety. To make healthy lifestyle choices. E.g. Can I name 2 ways to stop the germs from spreading when somebody in our class is full of cold?
Enrichment		Wilmslow community garden				

			Year Three			
Term & theme	The Grand Tour	River Deep Mountain High	School of Rock!	Where in the World?	Journeys Voyages and discoveries	Extraordinary Egyptians
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions
British Value	Values of democracy (voting process school council)	Mutual respect and tolerance of those with different faiths and beliefs	The rule of law		Individual liberty	
No Outsiders lesson	This is Our House	We're all Wonders	Beegu	The Truth about Old People	The Hueys in the New Jumper	Planet Omar: Accidental Trouble Magnet
Prior knowledge	Can make real life choices independently to become an organised child	Children can name charities/initiatives in the local community. Children can explain how the charities/initiatives support the area (Wilmslow library)	Children can name two solutions to solve playground problems	Children know how to conduct themselves safely in the event of a fire alarm. Children know what to do if someone they don't know is in their environment and how to keep safe.	Children understand that people can have fixed ideas about what a male or female can do.  Thay can describe and name some physical differences between males and females and know that a male and female is needed to make a baby.	To understand the consequences of the decisions that I make, e.g. keeping safe: road safety, e-safety. To make healthy lifestyle choices. E.g. Can I name 2 ways to stop the germs from spreading when somebody in our class is full of cold?
Prior Skills	Can read a simple timetable and understand columns and rows	Used internet, social media, local libraries and local field trips to research the roles of local charities with adult support	Using social stories, children learn to resolve simple conflicts co-operatively. Children transfer model of social stories	Know how to fold and store their uniform during PE lessons. Have a pride in their own equipment and	To describe a physical difference between males and females but explain 3 things that can be similar.	Children can cross a road safely. Children know how to prevent the spread of cold and covid germs.

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			to resolve real life	understand the value	To use words like	
			conflict in the	of looking after it.	udders, teats and	
			classroom and	Be able to keep their	privates to describe the	
			playground	class environment	differences between	
				hazard free by storing	male and female	
				everything in its	animals.	
				correct place.	Name the different a	
					part of the female and	
					male body including	
					testicle penis, nipple	
					and vulva.	
Key vocabulary	Local Rural.	Coastal	Natural Resource		Empathy	Investigate
ney rocasaiai y	Settlement Urban	Community	Population		. ,	Ü
Statutory and	NO - To understand	NO - To understand	NO To be welcoming	NO - To recognise a	NO - To recognise and	NO- To consider living
non	what discrimination	what a bystander is		stereotype	help an outsider	in Britain today
	means	To consider the current	To listen to other	To take responsibility	To understand that	To be aware of the
Requirements	To follow instructions	topical issues in the	people and play and	for personal needs	people can be similar	different risks in the
(PSHE, RSE and	to gather resources	local area.	work co-operatively.	while having an	and different and	home and outside and
LLS)	and begin to show		, ,	awareness of others.	understand their	of the possible
	independence with				feelings.	solutions. Decide what
	familiar routines.				Body Differences	is needed for a healthy
					To identify that people	lifestyle.
					are unique and to	
					respect those	
					differences To explore	
					the differences between male and	
					female bodies	
					Personal Space	
					To consider	
					appropriate and	
					inappropriate physical	
					contact and consent	
					Help and Support	
					To explore different	
					types of families and	
					who to go to for help	
					and support	

Skills covered	To read a chart or	Children visit the local	To understand some of	Children learn what	To name the vulva and	Using the website
Skills Covered	timetable	library. Use this	the different roles and	can be done to reduce,	uterus as the female	https://www.thinkukn
	independently and	opportunity to study	their importance	reuse and recycling	body parts and the	ow.co.uk children learn
	identify activities on	maps, and internet to	within a community.	through local	penis and testicles as	how to tell an adult
	times/days	identify geographic	Compare the roles and	campaigns and media.	the male body parts.	you trust if they see
	Discuss familiar	features of the local	responsibilities of			something that makes
	routines e.g., school	community e.g.,	individuals within the	Children understand	To recognise body	them feel unsafe
	homework and	Knutsford Road,	school community and	the impact of dropping	language when	online.
	strategies to support	shopping areas, bus	then compare this to a	litter to other people	someone feels	
	independence (post it	stops and train	historical setting e.g.	and the environment	uncomfortable and	
	notes/reminders)	stations, local recycling	the community of	both locally and	describe what is	
		areas.	Skara Brae	globally.	appropriate touching.	
				Children learn about		
				recycling in Cheshire	To name who I can go	
				East and where	to I my family for	
				materials are taken.	support.	
End Point	To follow instructions	To consider the current	To listen to other	To take responsibility	Know and respect the	To be aware of the
	to gather resources	topical issues in the	people and play and	for personal needs	body differences	different risks in the
	and begin to show	local area. E.g. Can I	work co-operatively.	while having an	between ourselves and	home and outside and
	independence with	name 3 geographical	E.g. Can I name 3 roles	awareness of others.	others Name male and	of the possible
	familiar routines. E.g.	features	within the	E.g. What do the 3 Rs	female body parts	solutions. Decide what
	Can I list 3 items	in the	community of Skara	stand for?	using agreed words.	is needed for a healthy
	needed for	Wilmslow/Alderley	Brae?		Understand that each	lifestyle. E.g. What
	school swimming?	area?			person's body belongs	should I do if I see
					to them Understand	something
					personal space and	that worries me
					unwanted touch	online?
					Understand that all	
					families are different	
					and have different	
					family members	
					Identify who to go to	
		T : A MACIL I			for help and support	
Enrichment		Trip to Wilmslow				
		library				

			Year Four			
	Place in this world	The Greatest Show!	What did the Romans ever do for us?	Angry earth	Save our Environment	Mam Tor
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions
British Value	Values of democracy (voting process school council)	Mutual respect and tolerance of those with different faiths and beliefs (See RE curriculum with focus on Islam)	The rule of law		Individual liberty	
No Outsiders lesson	Along Came a Different	Dogs Don't do Ballet	Red: A Crayon's Story	Aalfred and Aalbert	When Sadness Came to Call	Julian is a Mermaid lesson
Prior knowledge	Children know how to pack equipment for clubs and sporting activities e.g. swimming.	Children can name 3 geographical features in Wilmslow/Alderley area.	Children can name 3 roles within the community of Skara Brae?	Children can name the 3 R's reduce, reuse, recycle.	Children can name the different body parts of the male and female body.  They understand how to respect and recognise personal space of others.  Children know who to go to for support in their family.	Children know what they should I do if they see something that worries me online?
Prior Skills	Children can list 3 items needed for school swimming To use resources to find out more about the relevant equipment needed for a club. To ask relevant questions relating to the subject.	Using maps, local library, fieldwork and internet to identify geographic features.	To understand some of the different roles and their importance within a community. Compare the roles and responsibilities of individuals within the school community and then compare this to a historical setting	Children learn what can be done to reduce, reuse and recycling through local campaigns and media. Children understand the impact of dropping litter to other people and the environment both locally and globally.	To name the vulva and uterus as the female body parts and the penis and testicles as the male body parts.  To recognise body language when someone feels uncomfortable and describe what is appropriate touching.	Children know what action to take if they see something unsafe online

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				Children learn about	To name who I can go	
				recycling in Cheshire	to I my family for	
				East and where	support.	
				materials are taken.		
Key vocabulary	Bacteria	Biodiversity	Conflict		Biodiversity	
-	Government	Climate	Settlement		Climate	
	Nutrition		Community		Empathy	
			Refugee			
Statutory and non	NO – To help someone	NO – To choose when	NO – To be proud of	NO – To find common	NO – To look after my	NO – To show
Requirements	accept difference	to be assertive	who I am	ground.	mental health	acceptance
(PSHE, RSE and						
LLS)	To gather appropriate	To understand some	To listen to other	To take responsibility	Changes	To understand the
LLS)	resources and make	current topical issues	people and begin to	for personal needs and	To explore the human	different risks in the
	responsible choices	in the local and wider	resolve problems with	possessions, whilst	lifecycle. To identify	home and outside and
	with increasing	area.	more independence.	having an awareness	some basic facts about	decide how to react.
	independence			of impact on others.	puberty	
					What is puberty	
					To explore how	
					puberty is linked to	
					reproduction	
					Healthy Relationships	
					To explore respect in a	
					range of relationships	
					To discuss the	
					characteristics of	
					healthy relationships	
Skills covered	Learn how to use	Research local habitats	Create rules for a new	Discover the journey	Define puberty. Know	Children complete
	media (app) to check	(Peat bogs) to see	game to make it fair	of litter from land to	that puberty can	level 1 Bike ability and
	weather forecast prior	what plants attract	and equal for	rivers to oceans.	happen anytime	can: Maintain your
	to going on a trip	different species.	everyone.	Learn the impact of	between the age of 8 –	cycle: Control your
	Use weather app	Explore ways to		litter and pollution in	16years.	bike: including setting
	information to make	encourage wildlife into	I can think of ways to	the oceans and how	Name 3 things that	off, cruising, slowing
	informed decisions	school or home	resolve disputes at	wildlife is affected.	happen to their bodies	down, braking and
	about what to pack	garden.	school and home.	Recognise that plastic	and feelings during	stopping.
	Learn how to use	Use local history walk		is in the oceans for	puberty.	Pedal: without feeling
	media to find about	to identify species first	Use Red Cross	years and should be	Name the seed that	wobbly or out of
	the physical geography	hand.	resources to help	reduced, reused and	comes from a male	control
			young people	recycled to minimise	(sperm) and an egg	

	of the area you plan to		shallongo ossumntisus	further use and	that comes from	Do awara of varr
	of the area you plan to visit		challenge assumptions		females (ovum) and	Be aware of your
	Research the activities		about migrants, asylum seekers and	production. Lear 3 things that they	know that these are	surroundings
				can do in their life to	needed to make a	
	using the internet to		refugees Learn what causes			
	plan essential			reduce the use of	baby.	
	equipment.		people to leave their	plastic.	Name 3 good qualities	
			homes and what their		that make a healthy	
			experiences are like		and positive	
			the meaning of the		relationship.	
			terms asylum seekers,			
			migrants and refugees			
			https://www.redcross.			
			org.uk/get-			
			involved/teaching-			
			resources/refugees-			
			and-migration		11 1 1 1 11 1	
End Point	I can gather	I can understand some	I can listen to other	I can take	Understand that	I can understand the
	appropriate resources	current in the local	people and begin to	responsibility for	puberty is an	different risks in the
	and make responsible	and wider area. E.g.	resolve problems with	personal needs and	important stage in the	home and outside and
	choices with	Can I name 3 things to	more independence.	possessions, whilst	human lifecycle. Know	decide how to react.
	increasing	encourage more	E.g. What did Viking	having an awareness	some changes that	Eg. Name three things
	Independence E.g.	wildlife in my garden	invaders and asylum	of impact on others.	happen during	I should check on my
	What 4 items would I		seekers need to	E.g Name 3 ways to	puberty.	equipment before
	pack in a		settle?	reduce plastic waste in	Know about the	cycling safely.
	bag for a hike?			the oceans,	physical and emotional	
					changes that happen	
					in puberty Understand	
					that children change	
					into adults to be able	
					to reproduce if they	
					choose to.	
					Know that respect is	
					important in all	
					relationships including	
					online Explain how	
					friendships can make	
					people feel unhappy	
					or uncomfortable.	
Enrichment		Local history walk				

	Year Five							
Term & theme	Awesome America	Angle-land to England	Raiders or Traders? Invaders and Settlers	To Infinity and Beyond	Caring for our world Enough for everyone	Journey		
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions		
British Value	Values of democracy (voting process school council) Mutual respect and tolerance of those with different faiths and beliefs (See RE curriculum with focus on Islam)		The rule of law,		Individual liberty			
No Outsiders lesson	Kenny Lives with Erica and Martina	Rose Blanche	Mixed	How to Heal a Broken Wing	The Girls	And Tango Makes Three		
Prior knowledge	Children know which weather apps and maps to use to plan and research independently	Children can name 3 things to encourage more wildlife in my garden	Children can listen to other people and begin to resolve problems with more independence. E.g. What did Viking invaders and asylum seekers need to settle?	Children can name 3 ways to reduce plastic entering the oceans.	Children know what puberty is and that it is needed to make a baby.  They know some physical and emotional changes that can happen during puberty. They know that respect is needed in all relationships and how relationships can make people feel unhappy or uncomfortable.	I can understand the different risks in the home and outside and decide how to react. Eg. Name three things I should check on my equipment before cycling safely.		
Prior skills	Learn how to use media (app) to check weather and make	Research local habitats (Peat bogs) to see what plants attract	Create rules for a new game to make it fair	Can map out the journey of litter from land to ocean.	Children can define puberty and know that it can happen anytime	In Year 3 children used the website https://www.thinkukn		

	make informed	different species.	and equal for	Can use media and	between the age of 8 –	ow.co.uk children
	decisions about	Explore ways to	everyone.	recognise campaigns	16years.	learn how to tell an
	resources. Research	encourage wildlife into	Children can think of	that show the damage	Children can name 3	adult you trust if they
	the activities using the	school or home garden	ways to resolve	of plastic in the	things that happen to	see something that
	internet to plan	o o	disputes at school and	oceans.	their bodies and	makes them feel
	essential equipment.		home.	Children reduce	feelings during	unsafe online.
			Children learn what	personal use of plastic	puberty.	
			causes people to leave	in their environment.	Children can name	
			their homes and what		sperm and ovum and	
			their experiences are		know that these are	
			like		needed to make a	
			the meaning of the		baby.	
			terms asylum seekers,		Childre can name 3	
			migrants and refugees		good qualities that	
					make a healthy and	
					positive relationship.	
Key vocabulary	Aspiration Citizen			Environment		Influence
ito, roduction,	Community					Respect
	Democracy Diction					persuasion
	Organisation					
Statutory	NO – To consider	NO – To justify my	NO – To consider	NO - To recognise	NO- To explore	NO - To exchange
Requirements	consequences	actions	responses to racist	when someone needs	friendships	dialogue and express
•	To plan and resource	To engage with people	behaviour	help	To recognise as I	an opinion
	•	from similar and	To engage in an	To take responsibility	approach puberty,	
	special events.	different communities	understanding of	for my own equipment	how people's	To respect others
		e.g. a religious visitor.	working structures and	and environment as	emotions change at	decisions and support,
			the roles that are	well as for other living	that time.	influence or challenge
			played within, To understand the roles	things and the school	Talking About Puberty To explore the	respectfully.
			within a team of	environment.	emotional and physical	
			people.		changes occurring in	
			реоріс.		puberty	
					The Reproduction	
					System	
					To understand male	
					and female puberty	
					changes in more detail	

Puberty Help and Support To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get
To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get
of puberty on the body and the importance of physical hygiene To explore ways to get
and the importance of physical hygiene To explore ways to get
physical hygiene To explore ways to get
explore ways to get
support during
puberty
Skills covered Children can Children to Children use Foxes Children recognise the Children can recognise Children revisit
independently understand what it tool or other resource value in their personal more of the changes webiste on internet
research equipment   means to be part of a   to assign roles to   belongings and how to   that can happen   safety but now for 8–
that will be needed for community. members within a take care of them. during puberty 10-year-olds
a range of activities   Children can share   group and work   Children speak to local   including breast   https://www.thinkukn
across the week. their personal together to create a environmental groups development, pubic ow.co.uk/
Children can plan a list experiences of presentation. e.g. The Local River hair, body hair, muscle
of what they need to communities that they Trust, Transition growth etc. Play – Playing games
remember using a are part of (Brownies, Wilmslow, Plastic Free Be able to identify the online
Microsoft word table faith, football team) Wilmslow to learn physical and emotional Like – Being kind to
or other calendar about issues affecting changes in a female others online
reminder app. the environment during menstruation Share – Sharing videos
locally. and know the name of and photos online
Children research the products that are Chat – Talking to
water pollution in our needed and where to others online
local rivers and how get them from. Lock – Keeping
people can improve Explain that a male information private
the quality of the produces sperm after Explore – Exploring the
water. he goes through internet
puberty and some of Children learn the
the other changes definitions for :
such as testicles influence, respect and
'dropping', erections persuasion
and wet dreams
Can name 5 things
that could help to
keep someone
hygienic during
puberty.

End Point	I can plan and	I can engage with		To take responsibility	To explore the impact	I can define influence,
Liid i Oilit	resource ahead for	people from similar	I can describe a	for my own equipment	•	respect and
	daily life and special	and different	situation when I have	and environment as	and the importance of	persuasion.
	events using ICT to	communities e.g. I can	worked as part as part	well as for other living	physical hygiene To	<b>P</b>
	make a timetable e.g. I	name 3 communities I	of a team.	things and the school	explore ways to get	
	can list the equipment	am a member of.		environment.	support during	
	that I require over the			e.g.l can name 3	puberty	
	course of the week.			environmental factors	Understand how	
				affecting local wildlife.	puberty affects the	
					reproductive organs	
					Describe what	
					happens during	
					menstruation and	
					sperm production	
					Explain how to keep	
					clean during puberty	
					Explain how	
					emotions/relationship	
					s change during	
					puberty Know how to	
					get help and support	
					during puberty	
Enrichment		Visit to St Johns or				
		other religious				
		building				

	Year Six							
Term & theme	Conflict and Resolution	Endangered or Empowered?	Man vs. Giant	Survival of the Fittest	High Hopes & Daring Dreams	Be the change you want to see in the World		
Term & theme & LLS strand	Be organised	Have a sense of community	Being co-operative and Participate	Being responsible	Be empathetic	Make decisions		
British Value	Values of democracy (voting process school council) (See RE curriculum with focus on Islam)	Mutual respect and tolerance of those with different faiths and beliefs	The rule of law,		Individual liberty			
No Outsiders lesson	King of the Sky	The Only Way is Badger	Leaf	The Island	Introducing Teddy	A Day in the Life of Marlon Brundo		
Prior knowledge	Children know a range of calendar, list and reminder apps. They know how to make a table in Microsoft word.	I can engage with people from similar and different communities e.g. I can name 3 communities I am a member of.	I can describe a situation when I have worked as part of a team.	I can describe 3 examples of water pollution to our local rivers. E.g dropping litter, chemicals rained into the rivers and animal damage to the riverbanks.	I can explain the physical and emotional changes during puberty. I know 5 things that can help me to stay hygienic during puberty. I know the effect puberty has on the reproductive organs. I can say where I can get support if I need it during puberty.	From Year 4 - Name three things I should check on my equipment before cycling safely.		
Prior skill	Children can independently research equipment that will be needed for a range of activities across the week. Children can plan a list of what they need to	Children can share their personal	Children have learnt some of the roles that are required to work as part of a successful team	Children can name 3 environmental factors that affect the wildlife in their local environment. How litter can pollute our local rivers. How weather patterns can	Children can explain the physical and emotional changes that occur in puberty in more detail. Children can identify the physical and emotional changes	(From Year 4) Children complete level 1 Bike ability and can: Maintain your cycle: Control your bike: including setting off, cruising, slowing		

	remember using a	are part of (Brownies,		affect the food and	during menstruation	down, braking and
	Microsoft word table	faith, football team)		water available to	and the products she	stopping.
	or other calendar	Taitii, iootbaii teaiii,		wildlife. How weather	will use.	Pedal: without feeling
	reminder app.			temperature affects	Children can explain	wobbly or out of
	тепппаст арр.			the migration of birds	that a male produces	control
				and hibernation of	sperm after going	Be aware of your
				animals.	through puberty and	surroundings
				difficults.	have an awareness of	Sarroundings
					other changes eg	
					testicles 'dropping',	
					erections and wet	
					dreams	
					Can name 5 things	
					that could help	
					someone to keep	
					hygienic during	
					puberty.	
Key vocabulary	Economy Equity	Discrimination		Diversity	publity.	Respect
Key Vocabulaly	Democracy Integrity	Justice		Sustainable		Nespect
	Professionalism	3436.00		Sustamusic		
Statutory	NO- To consider	NO- To consider	NO – To overcome	NO – To consider	NO – To show	NO – To consider
Requirements	responses to	language and freedom	fears about difference	cause of racism	acceptance	democracy
Requirements	immigration	of speech	To engage in	To take responsibility	To recognise as I	
	To face challenges	To know similarities	democratic processes	for the needs of others	approach puberty,	To recognise different
	positively by collecting	and differences	e.g. discussion and	by consistent	how people's	risks and decide how
	information or	between people arise	debate that require	modelling of good	emotions change at	to behave – physical
	resources, looking for	from a number of	appropriate question	behaviour.	that time.	contact, substances,
	help, making	different factors,	and challenge to peers		Puberty and	sensible road use. To
	responsible choices	(gender, culture, race)	and adults. To		Reproduction	recognise good risks
	and taking action.	in their local and	understand an element of national		To consider puberty and reproduction	and bad risks in different situations
		global community.	politics.		Communication in	and then how to
			politics.		Relationships	behave accordingly.
					exploring the	behave accordingly.
					importance of	
					communication and	
					respect in	
					relationships	

Skills covered  End Point	Children can plan and cost transport for a journey using the internet They can research other costs that they may incur on their journey (food, drink, entertainment) and budget appropriately.  To face challenges	Through their understanding of human geography and faith, children learn about similarities and differences in global cultures. Children look at historical examples of discrimination and justice e.g. through learning about Martin Luther King.	Children to use the resources on UK Parliament https://learning.parliament.uk/en/outreach/ Children will learn the importance and definition of democracy, liberty, House of Commons, General Election, United Nations.	Children learn that weather is affected by pollution and damage to the environment. Children explore the implications of flooding using a case study globally, nationally and locally. Explore flood prevention methods that have been used globally, nationally and locally. E.g. damage to local peat bogs by peat cutting.	consent, legal age and	Bikeability level 2  Start and stop with more confidence Pass stationary vehicles parked on a road Understand the road: signals, signs and road markings  Negotiate the road: including quiet junctions, crossroads and roundabouts  Share the road with other vehicles
End Point	positively by collecting information or resources, looking for	and differences between people arise from a number of different factors,	democracy, liberty, House of Commons, General Election, United Nations.	for the needs of others by consistent modelling of good behaviour.	,	occasion when it's the right decision to ask for advice or help for myself or others.

Y6 summer treat			wrong	Bike ability
			relationship goes	
			support if an online	
			how and where to get	
			relationship To know	
			information in a	
			personal/private	
			to share	
			when it is appropriate	
			pregnancy.  To have considered	
			about conception and	
			Know some basic facts	
			before having children	
			that have to be made	
			Describe the decisions	
			seeking are important	
			and permission	
budget etc.			that communication	
journeys, money,			relationships Know	
treat – explore train	justice.		unhealthy	
for the end of year	discrimination and		between healthy and	
To plan and prepare	I can define diversity,	our local area.	Explain differences	
and taking action. E.g.	global community e.g.	environmental issue		
responsible choices	in their local and	current global	reproduction with	
help, making	(gender, culture, race)	e.g I can name a	about puberty and	